



## Host Family Responsibilities

As a Host Family for Zion International Programs (ZIP), I understand that I am obligated to provide my foreign student with the following throughout the duration of their stay in my home:

1. A safe and comfortable sleeping area which includes the following:
  - A. A traditional home, town home, or apartment that is NOT a trailer or motorhome.
  - B. An individual bed with sheets, a blanket to keep warm, and a pillow.
  - C. The room may be shared with a child of the same sex as the student, but not the same bed.
  
2. A means to keep the foreign students area clean and tidy during their stay
  - A. A vacuum, laundry detergent, etc.
  - B. Please allow the foreign student one day a week to use the laundry machines and teach them how to wash their sheets and personal clothes.
  - C. Foreign students are responsible for keeping their area tidy during their stay. You are not required to be a maid service for them.
  
3. Sufficient meals each day
  - A. Breakfast: It is up to you as to whether or not you prepare and eat breakfast together with the foreign student, or provide the food for the student to prepare for himself or herself. If the foreign student is to prepare the meal by themselves, please make sure that there is food readily available and that they know how to prepare it.
  - B. Lunch: Zion International Programs provides lunches for the foreign students on scheduled program days. You are responsible for providing lunch on days designated as "free time with host families."
  - C. Dinner: It is your responsibility to provide sufficient food for dinner each night. We understand that families have very busy schedules and it is not required that you have a sit down prepared meal every night, but we highly encourage that you do so as often as you can. This is a great time to connect and engage with your foreign student. Please feel free to ask him/her to participate in helping you prepare the meals together. Again, it is up to you as to whether or not you prepare and eat dinner together with the foreign student, or provide the food for him/her to prepare.
  
4. Transportation to and from the drop off and pick up location
  - A. You are responsible for transportation to and from the daily activities prepared by ZIP in a timely manor according to the schedule.
  - B. You may drive them yourself, car pool with a neighbor, or make arrangements for them to ride the school bus.
  - C. If the foreign student requires any personal local transportation other than what is noted on the ZIP schedule, he/she is required to give you notice in advance of their transportation needs so that you can determine if it is possible and that it will work with your schedule.

- D. All drivers must have had their license for at least 6 months before they are allowed to have a student in the car with them.
5. Personal hygiene and bathroom needs
- A. Please provide a bathroom (private or shared) with a functioning lock on the door and allow time each day for them to bathe or shower.
  - B. Bathing customs differ between various cultures and families, so make sure that the students understand your family's rules on times and duration of bathroom/shower use.
  - C. Please make sure that there is toilet paper always available.
  - D. It is the student's responsibility to provide hygiene needs such as deodorant, toothbrush, and so on.
6. Other Responsibilities
- A. If you are planning to go out of town overnight and are taking your student with you, please inform the ZIP coordinator of when, where, and for how long you will be gone. If you are not planning on taking the student with you please inform the ZIP coordinator of when, where, when you will return, who the student will be staying with while you are gone, and their contact information.
  - B. Dangerous activities NOT to be allowed:
    - a. NO shooting of firearms for target practice, hunting, etc.
    - b. NO hiking in areas where there is a possibility of falling more than ten feet.
    - c. NO driving of any motorized vehicle, i.e. personal car or truck, ATV, Side by Side, motorcycle, etc.
    - d. NO participation in any illegal activity.
  - C. Medical Emergencies and illness/injury requiring special attention
    - a. If a medical emergency is life threatening and requires immediate attention, call 911 then contact ZIP staff as soon as possible.
    - b. All injuries or illnesses that are non-life threatening, consult ZIP staff for the appropriate action to be taken.
    - c. Do NOT give the foreign student any medication without first contacting ZIP staff.

We understand and agree to the aforementioned responsibilities as a host family of a foreign student placed in our home by Zion International Programs.

Host Father Name \_\_\_\_\_ Signature \_\_\_\_\_

Host Mother Name \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_ / \_\_\_ / \_\_\_\_\_